

Community activities in Pellon and Mount Tabor

Highgate High Fivers @ Highgate Methodist Church, Stretchgate Lane, Pellon.

Monday	1.00pm	Singing Group
Tuesday	10.30am	Gentle Exercise
Wednesday	9.15am	Health and Wellbeing through Tai Chi
Wednesday	1.30pm	New Age Kurling
Thursday	10.30am	Craft and Chat
Thursday	1.30pm	Pilates
Thursday	2.30pm	Scottish Dancing



Some classes are oversubscribed, so please contact highgatehighfivers@gmail.com if you wish to attend.

St. Columba's Catholic Church Hall

52 Highroad Well Ln, Halifax HX2 0QF

Brew and Chat	10.30am	2nd Monday of the month
Daisy Café	1.30pm	1st & 3rd Tuesday
Tai Chi (Inter)	11.00am	Wednesday
Tai Chi (Beg)	12.00pm	Thursday—Please call Marsha to book your place on 078100 94 395.

Mount Tabor Methodist Church Hall

Tuesday	2.15pm	Pilates—no booking required
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